COOPER HURLEY INJURY LAWYERS

125 St Pauls Blvd, Ste 510, Norfolk, VA 23510 **757-455-0077 | cooperhurley.com**

We're giving away 3 \$200 Ruth's Chris gift cards!

Love is in the air! And it smells like steak! Have the perfect Valentine's dinner at Ruth's Chris. From your friends at Cooper Hurley Injury Lawyers.



Enter online at cooperhurley.com

Christian plans to enter the gift card raffle and promises to take big sister Zoë if he wins.

WHAT'S INSIDE THIS ISSUE?

- Cooper Hurley Injury Lawyers Donates Coats to Students at STEM Academy
- 5 Steps to Succeed With Your New Year's Resolutions
- We're on TV! Look out for Our New 2020 Commercials
- Distracted Driving Scholarship
- Enter to Win a Ruth's Chris Gift Card for Valentine's Day
- Find Crutchman Inside!

Plus, We Welcome Griff O'Hanlon as Partner! —

Learn more about Griff inside.

Cooper Hurley Injury Lawyers welcomes **Griffin O'Hanlon** as the firm's newest partner as of January 1, 2020.

ongratulations,

Griff is married to Kelsey and holds the esteemed title of "daddy" to his 2 little ones. When he's not working on his files, Griff can be found on the beach, golf course, or cheering on Virginia Tech's football team.

A SPECIAL NOTE FROM THE PARTNERS:

"Griff has been with Cooper Hurley Injury Lawyers for years. He's done a tremendous job learning; he's done a tremendous job with the clients; he's done a tremendous job getting great results for our clients."



"I remember a judge telling me how impressed he was with Griff, because he always came prepared to court. To me, that's the best thing that a lawyer can do, is to always be prepared. Salute to Griff."



"You're a great lawyer, add great strength to the firm, & serve your clients well. Happy to have you, and looking forward to practicing side-by-side with you for many, many years."



WE APPRECIATE YOUR REFERRALS!

COOPER HURLEY INJURY LAWYERS takes great pride in helping those when they are hurt in car, truck, or motorcycle accidents as well as serious injury and wrongful death cases. Many new clients come from referrals from past clients or our trusted friends. We appreciate your business and referrals. If you know someone who needs our help, tell them to give us a call.



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Since our founding we have helped those after they were seriously injured in a motor vehicle accident.

We soon found that when helping is truly the core of your business, it goes far beyond the courtroom. Each year we make significant contributions to non- profit organizations, churches, and individuals when they need it most.

This year we decided to make our service and contributions official by creating **Cooper Hurley Injury Lawyers Cares**. Cooper Hurley Injury Lawyers Cares is our initiative to help meet the needs of Hampton Roads residents and charities. We do this through funding, volunteering, and exposure. Our "Cares" initiative consists of our Distracted Driving Scholarship, our annual Foodbank donation, and most recently, our coat drop off to some very special students at Southside STEM Academy at Campostella.



A few of our favorite students at Southside Stem Academy at Campostella. Don't they look warm and cozy?

When Ty, our Director of Client Services, saw a Facebook post that a few of the students needed coats at Southside STEM Academy, she immediately put in the request for Cooper Hurley Injury Lawyers to help out. Once we found out how many were needed, we purchased over 30 coats to make sure these special students stayed warm all winter. *"Our students are so happy and excited about the presents you have brought, and they've been working so hard this school year here at the Academy of Excellence,"* Ms. Johnson, the Family Engagement Specialist, says.

The attorneys and staff were honored to help. One note from Jim: Do not lose the coats like Blair and Jimmy did every winter!

Make sure to check our website and Facebook page in February as we will be asking our friends to nominate their favorite charity or cause for \$1000!

There is no need to be stressed out about reaching your goals in 2020, Jojo! Mark Matney has 5 easy steps to keep us on track.

5 Steps to Succeed With Your New Year's Resolutions

Did you set financial goals for the New Year? Many people use the change of year to start something new. Unfortunately, few follow through. Think of all the new gym memberships and budgets that end up unused as January rolls into February. Here are 5 steps to success:



1. CHOOSE REASONABLE GOALS:

The best first step to accomplishing a new goal is to set a target you can reach within a reasonable period of time. If you are in debt, tackle the smallest one first. If you are starting or building your retirement savings, then set a monthly goal. Setting up an automatic investment plan is a worry-free way to keep you on track.

2. WRITE YOUR GOALS DOWN:

When you write down what you want to accomplish, you are 200% more likely to achieve it. When it is just a thought, then it is only a wish. Working with a financial coach will help you identify how much money is needed to reach your goals. A good coach will make sure you account for inflation and estimated rates of return.

3. DON'T JUDGE YOURSELF TOO SEVERELY:

There will be ups and downs as you work toward your goal, don't be discouraged. Maybe you had to use all of your emergency fund savings. Be excited that you had the money available and recommit to your original plan.

4. FOCUS ON HOW YOU WILL FEEL WHEN YOU SUCCEED:

How will you feel when you become debt free, fully fund your emergency savings, or save enough to have the option to stop working? Imagine crossing the finish line! It will be 100 times better than you think!

5. REWARD YOURSELF ALONG THE WAY:

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Did you pay off your first debt, finish building your emergency account, achieve a milestone in your retirement savings? Congratulate yourself and share with others what you achieved. You will be amazed how you can encourage others.

Mark Matney is a financial services professional who helps families and businesses throughout Hampton Roads to get their money working for them so they can worry less about money and enjoy their lives more. Call him for a free consultation at 757-784-3507 or attend one of his free events by registering at bit.ly/MoneyGPSFebWeb.

We're on TV!



Watch your local channels to see our newest commercials. Make sure to snap a picture and tag us on Facebook when you see us!

COOPER HURLEY INJURY LAWYERS

2020 Distracted Driving Awareness Scholarship Program

Cooper Hurley Injury Lawyers is awarding **\$2,000 to three 2020 graduating seniors** in schools in the Tidewater and Eastern Shore areas.For years, our firm has taken great pride in supporting good causes in the community and hiring young students as interns. Now we are happy to be able to help them during their studies. We are also using our scholarship program to raise awareness to the dangers of distracted driving, one of the most significant causes of accidents involving teens.

- **1. WHO IS ELIGIBLE?** Graduating seniors at a public or a private school in Hampton Roads or the Eastern Shore.
- 2. HOW TO ENTER

Submit an essay of 500 to 1,000 words about the dangers of distracted driving and how you think the problem should be tackled. We are looking for fresh ideas and vibrant presentations. We will start accepting entries on **Jan 1, 2020**. The deadline for submitting entries is **July 1, 2020**.



FOR MORE INFO & TO ACCESS THE SCHOLARSHIP APPLICATION, VISIT US ONLINE AT COOPERHURLEY.COM/SCHOLARSHIPS/2020

"I had an awesome experience. They were great throughout my entire process and settled my case with top satisfaction!!!!! Best Attorneys Ever!!!!"

Cequita Speight-Edmond



What I Like About You

We asked our staff, "What's your favorite thing about your significant other?" Here are some of their responses.



Cassidy loves how well Chris leads their family spiritually



Monquie's favorite thing about Troy is how self driven and ambitious he is



Stacy adores Anthony's sense of humor



Jim thinks Pam is a great mother to their children



Steph appreciates Ryan's selflessness most

NS



Nya loves that Jonte makes big bucks \$\$\$



Can you guess which one?

One of these is Stacey's real husband.

Enter online at cooperhurley.com